

## **Lancashire Health and Wellbeing Board**

Meeting to be held on 20 November 2018

### **Children and Young People's Emotional Wellbeing and Mental Health Transformation Programme**

#### **Contact for further information:**

Rachel Snow-Miller: Director of Commissioning – All Age Mental Health and Learning Disability Services, Lancashire and South Cumbria Integrated Care System [rachelsnow-miller@nhs.net](mailto:rachelsnow-miller@nhs.net)

Dave Carr: Head of Service – Policy, Information and Commissioning (Start Well), Lancashire County Council 01772 532066 [dave.carr@lancashire.gov.uk](mailto:dave.carr@lancashire.gov.uk)

#### **Executive Summary**

The third year of delivery against the pan Lancashire Children and Young People's Emotional Wellbeing and Mental Health Transformation Programme has resulted in the delivery of a number of key objectives which enable children and young people to benefit from enhanced services and greater access to support. There has been significant engagement to inform the redesign of NHS funded Child and Adolescent Mental Health Services (CAMHS) and a core design developed for the future delivery of CAMHS services across the Lancashire and South Cumbria footprint. During the coming weeks, dialogue is expected to progress with NHS Providers and Clinical Commissioning Groups (CCGs) to agree a timeline for the further development of costed proposals, subsequent evaluation and implementation.

#### **Recommendation**

The Health and Wellbeing Board is recommended to note the report and accompanying presentation.

#### **Background**

This report provides an update relating to the Lancashire Children and Young People's Emotional Wellbeing and Mental Health Transformation Programme including an overview of achievements during the past year and progress in the redesign of community Child and Adolescent Mental Health Services (CAMHS).

The last update to the Lancashire Health and Wellbeing Board, in January 2018, highlighted good progress in delivery against the 26 objectives in the pan Lancashire Transformation Programme. Our work has continued during 2018. Key achievements include:

- Consulting with schools to inform the development of a Resilience Framework which will provide a common understanding of what is meant by resilience, the activities which can build resilience and provide opportunities to share good practice.
- Continued funding for the Lancashire Sports Trust to support young people in building resilience.
- Defining a "complementary offer" of non clinical support to children, young people and their families.

- Increasing access to Youth Mental Health First Aid (YMHFA) Training, delivered through the new network of Primary Mental Health Workers across Lancashire and complementing YMHFA training commissioned by the County Council.
- Engagement with children, young people and stakeholders and the first stages of development of a new "Digital" offer for professionals, children, young people and their families.
- Progressing the redesign of NHS funded CAMHS services. NHS CAMHS provider organisations have worked collaboratively with voluntary community and faith sector providers and with Clinical Commissioning Groups to co-produce a core model for CAMHS services across Lancashire and South Cumbria through a process of engagement and co-production with children, young people, families and wider stakeholders. Work is now progressing to establish the potential impact on funding and to agree timescales for the production of a final costed proposal, evaluation and potential implementation.
- Securing interim community services to support "children with behaviours that challenge", pending the CAMHS redesign.
- Opening the Specialist In-patient Mother and Baby Unit in October 2018.

Across Lancashire, local data indicates that the Government's key target for 2018/19, that 32% of CYP aged 0-18 with a diagnosable mental health condition receive treatment during 2018/19, is expected to be met. Quarter 1 data indicated that the number of children and young people on CAMHS waiting lists have reduced across the Lancashire County Council footprint. Waiting times for community CAMHS services have remained relatively static. However, 93% of children and young people referred as urgent to the new Eating Disorder Service were seen within one week. The Lancashire Council commissioned Early Help service introduced new waiting time targets in May 2018 and the first contract monitoring data indicated that no child or young person was waiting for more than 4 weeks to access that service.

The Board will receive a presentation highlighting key achievements and challenges associated with the delivery of the Programme.

### **List of background papers**

Lancashire CYP Emotional Wellbeing and Mental Health Transformation Programme  
Update to the Lancashire Health and Wellbeing Board 25<sup>th</sup> January 2018

<http://council.lancashire.gov.uk/ieListDocuments.aspx?CId=825&MId=6650&Ver=4>

Lancashire CYP Emotional Wellbeing and Mental Health Transformation Programme  
Update to the Lancashire Health and Wellbeing Board 20<sup>th</sup> June 2017

<http://council.lancashire.gov.uk/ieListDocuments.aspx?CId=825&MId=6647&Ver=4>

Lancashire CYP Emotional Wellbeing and Mental Health Transformation Programme  
Quarterly Update Presented to the Lancashire Health and Wellbeing Board  
Monday, 24<sup>th</sup> October, 2016

<http://council.lancashire.gov.uk/ieListDocuments.aspx?CId=825&MId=5299&Ver=4>

Lancashire CYP Emotional Wellbeing and Mental Health Transformation Programme  
Update Presented to the Lancashire Health and Wellbeing Board 13 June 2016

<http://council.lancashire.gov.uk/ieListDocuments.aspx?CId=825&MId=5297&Ver=4>

Lancashire Children and Young People Resilience, Emotional Wellbeing and Mental Health Transformation Plan Presented to the Lancashire Health and Wellbeing Board 29 October 2015 <http://council.lancashire.gov.uk/ieListDocuments.aspx?CId=825&MId=3971&Ver=4>

Children and Young People's Emotional Health and Wellbeing Services Update Presented to the Lancashire Health and Wellbeing Board 5<sup>th</sup> June 2015

<http://council.lancashire.gov.uk/ieListDocuments.aspx?CId=825&MId=4996&Ver=4>